

# Friends and Places Together

#### Easing out of Lockdown.

Firstly, a warm welcome back to all of you, it's great to be up and running again after SO long!!

Friends and Places Together have always backed the "hands/face/space" campaign and even though we are now cautiously coming out of lockdown, all service users and staff still need to be mindful of this.

Wear a face mask when needed, use hand sanitiser and keep the 2-metre spacing, even if you have had both of your vaccines.

When entering the centre, please take your temperature and sanitise/wash your hands before doing anything else and remember the 2 metre rule.



### Friendship Champion

Friends and PlacesTogether have begun a Friendship Champion campaign. Mark Benett and Grace Sargent have been chosen to be our first Friendship Champions. Mark and Grace will help those who are new to the charity to feel welcome and included. Michelle, our coordinator will be looking out for more people to become friendship champions.

### Aiden's Adventures

Aiden is a long standing service user who has been extremely busy over the past few months. He has achieved so much including raising £372 for Macmillan Cancer support in March 2021. He has been celebrity spotting and managed to persuade Dermot O'Leary, Claudia Winkleman and Rylan Clark to say" Hello" to us on the Friends and Places TikTok and Facebook Page. He has also begun his first job at the Co-Op in Shoeburyness- and of course, not forgetting his fancy footwork at Menkind in April, the video is on our Facebook page.





## Grace's World

Grace has been here right from the start. She's a real valued service user of Friends and Places Together and has come a long way, with many achievements. Grace has been very busy recently, starting off with posting her Tiktok videos daily along with using the F&PT Tiktok account. Grace is also dedicated to her fitness, aiming at doing 10,000 steps a day and often goes to the gym.

## **ASDA DONATION**

Many thanks to Lorraine who coordinates the donations from Asda. Here's Mandy with some of the goodies received for us! Donations are always welcome for the charity to help us with any activities.



### **Volunteers Week**

Our Volunteers are very important to us they offer support in their own time to help the charity.

The under's volunteers, Mariann and Erin came up with an interesting idea to dress up as Lord FarQuaad and the Joker for their last day of sixth form dress up for the "Heroes and Villains" theme. We want to wish the girls the best of luck for A-level results day.

**Other Volunteers:** We are very lucky to have Liam and Faye volunteering. A

special thanks to Andy who goes above and beyond to help the charity with anything from driving to DIY! Not forgetting our Jessie, who runs our Facebook and TikTok pages as a volunteer and does an amazing job!





## Up and coming Event's!

1<sup>st</sup> -7<sup>th</sup> June Volunteers week- this is a promotion to raise awareness and Recruit more volunteers.

Saturday 26<sup>th</sup> June- 25 to 40 year old friendship group promotion. The event is being held at the centre to seek new, older members and volunteers to start the new group. Trustee Liam will be attending if you have any questions.

Don't forget 20<sup>th</sup> June is Father's day so get out there and treat them with socks and beer!

Friday 13th August- "ABBA TRIBUTE" Night. Two course dinner, raffle and Auction to Raise funds for the charity. Tickets available now.

### Shoutout to

All of the students who have completed exams in these difficult circumstance we have endured over the past year and ongoing.

Special mention to our Beth who received a 1<sup>st</sup> for her dissertation! We are so proud of her. Goodluck for her final results!

