## **Alison Smith**

**One-page Profile** 



## What people like and admire about me

I have a lot of time and energy to help people, friends and family. I am kind, caring and considerate to others and like to make people laugh.

I am a good listener, reliable and comitted to everything I do

## What's important to me

My family is the most important thing to me and seeing my children grow up and develop into happy successful adults.

I love to see people be happy and smile and will do all I can to put a smile on their faces.

I used to do door to door sales and found a lot of my elderly customers just wanted someone to talk to and I always found time for them.

I like to be organized and punctual and hate being late for anything

Routine is very important to me although some days I feel like a robot.

I love keeping busy and never seem to find time to watch any TV

I love going to the cinema and my friends take the micky out of me because I go so often.

I hate sport, can't run, but do enjoy cycling and walking my dogs.

## How to support me

I'm not very IT literate and it takes me a long time do learn things on the computer.

I get nervous under pressure and hate tests or exams.

It take a few times for me to learn new things but once i've learnt i will be fine.

I would like training in First aid in case of an emergency.